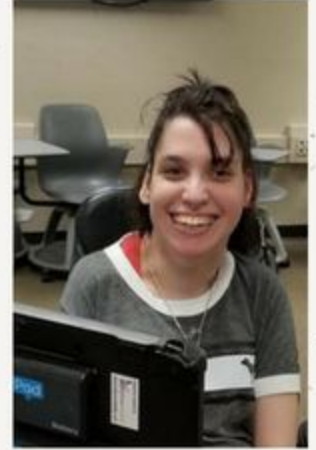


# A NEW DAY PEDIATRIC PSYCHOLOGY

Healing the hurt. Educating the mind. Inspiring the soul.

## DYSGRAPHIA: UNDERSTANDING LANGUAGE DIFFERENTLY

BY ASHLEY MOHESKY  
FEATURED WRITER



Dysgraphia is a condition that affects the ability to communicate through writing. According to the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders, dysgraphia is categorized as a specific learning disorder, whereas most psychologists and teachers refer to dysgraphia as a written communication disorder. This means that children and adults have difficulties with writing, speaking, spelling, and reading. Symptoms include abnormalities in the following areas: visual and spatial, fine motor, language processing, handwriting, grammar, and organization of written language. Dysgraphia is diagnosed by licensed psychologists who use a battery of tests, such as academic and written assessments. Once a child is diagnosed, they may be eligible for special education services and/or classroom accommodations.

**A New Day Pediatric Psychology, PLLC** falls under the vision of Dr. Ann-Louise T. Lockhart, Pediatric Psychologist and Board Certified in Child and Adolescent Psychology.

A New Day specializes in evidence-based behavioral health treatment, interventions, and psychological evaluations for children, adolescents, and adults with known or suspected behavioral health and/or medical conditions affecting all aspects of development and functioning.





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Living with a disorder that limits individuals from the ability to understand and use written communication can be frustrating due to the feeling that peers are excelling in academics and basic life skills, causing the individual to believe that they cannot amount to anything in life. However, modifications and accommodations can allow children and adults to work around their obstacles and still be successful. Dysgraphia does not have to hold people back from accomplishing their hopes and dreams.



## Here are a few ways to help individuals overcome dysgraphia

- Provide reassurance that dysgraphia does not define intelligence
- Assess and plan techniques that allow individuals to perform tasks that can be done successfully
- Listen to concerns about the initial diagnosis of the disorder
- Discuss resources with parents and teachers that can help children to excel at school and home

**Have you tried everything and nothing works?  
You are not alone!**



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## STAY TUNED

This newsletter is issued every first and third week of each month.

The purpose of this newsletter is to educate, inspire, and bring healing and awareness by discussing a variety of behavioral health and medical conditions.

  
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